

VOMITING

If a number of students or staff become ill with the same symptoms, suspect food poisoning. **CALL POISON CONTROL 1-800-222-1222** and ask for instructions. See **"POISONING"** and notify local health department.

Vomiting may have many causes including:

- Illness
- Injury/Head injury
- Bulimia
- Heat exhaustion
- Anxiety
- Overexertion
- Pregnancy
- Food poisoning
- Eating nonedible item

Wear disposable gloves when exposed to blood and other body fluids.

Is the student's temperature equal or greater than 100.4° oral, tympanic (ear), or temporal (forehead) or axillary (armpit)?

Also see **"FEVER."**

- Have student lie down for up to 30 minutes in a room that affords privacy but allows for adult supervision.
- Apply a cool, damp cloth to students face or forehead.
- Have a bucket available.
- Give no food or medication, although you may offer the student ice chips or small sips of clear fluids containing sugar (such as 7Up or Gatorade), if the student is thirsty.
- If vomiting is related to anxiety have student use mindfulness skills. Consider referral to school counselor.

Does the student have:

- Repeated vomiting?
- Fever?
- Severe stomach pains?
- Is the student dizzy and pale?
- Does the student have excessive thirst, dry mouth, blurred vision, weakness, blood in vomit or resembles coffee grounds?

Contact responsible school authority & parent/guardian.

URGE MEDICAL CARE

Contact responsible school authority & parent/guardian..

Document care provided.