

SEIZURES

Seizures may be any of the following:

- Episodes of staring with loss of eye contact.
- Staring involving twitching of the arm and leg muscles.
- Generalized jerking movements of the arms and legs.
- Unusual behavior for that person (e.g., running, belligerence, making strange sounds, etc.).
- A student with a history of seizures should be known to appropriate school staff.
- A Seizure Action plan should be developed, containing a description of the onset, type, duration and after effects of the seizures.
- Students with diabetes may experience a seizure due to hypoglycemia. If student has diabetes see “DIABETES”

Does the student have an emergency care plan?

YES

NO

Refer to the student’s emergency care plan. Follow emergency plan instructions related to emergency medication administration and follow up instructions.

Observe details of the seizure for parent/guardian, emergency personnel or healthcare provider. Note:

- Time the seizure started.
- Duration of seizure.
- Kind of movement or behavior.
- Body parts involved.
- Loss of consciousness, etc.

- If student seems off balance, place him/her on the floor (on a mat) for observation and safety.
- **Do NOT restrain movements.**
- Move surrounding objects to avoid injury.
- **Do NOT place anything between the teeth or give anything by mouth (unless student is prescribed buccal seizure medication).**
- Keep airway clear by placing student on his/her side.

- Is student having a seizure lasting longer than 5 minutes?
- Is student having seizures following one another at short intervals?
- Is student without a known history of seizures having a seizure?
- Is student having any breathing difficulties after the seizure?

NO

- Seizures are often followed by sleep.
- The student may also be confused.
- This may last from 15 minutes to an hour or more.
- Allow student to rest with adult supervision.
- After the sleeping period, the student should be encouraged to participate in all normal class activities.

YES

CALL EMS/911

Contact responsible school authority, including emergency response team & parent/guardian.

Document care provided.

Update parent/guardian. Student may remain in school if no further concerns.