

NOSEBLEED

Wear disposable gloves when exposed to body fluids.

Is the nosebleed a result of an injury?

NO

YES

“See “NOSE INJURY.”

- Have student sit upright with head slightly forward.
- Encourage the student to breathe through his/her mouth.
- Discourage nose blowing, repeated wiping or rubbing.

Does the student have a bleeding disorder?

YES

NO

Refer to student’s health care plan or emergency care plan. Contact responsible school authority & parent/guardian.
URGE MEDICAL CARE.

- If blood is flowing freely from the nose, provide constant pressure by pinching the nostrils firmly.
- Apply **constant pressure** for 15 minutes.
- Apply cool compress, wrapped in a cloth, to the nose.

Is blood still flowing freely?

YES

NO

Contact responsible school authority & parent/guardian.
URGE MEDICAL CARE.

Allow the student to return to class. Instruct them to not pick at nose, blow nose or repeatedly wipe his/her nose. Instruct student to return if bleeding resumes.

- If unable to reach parent/guardian.
- Have student rest, sitting up.
- Apply constant pressure by pinching the bridge of the nose firmly.
- **If nosebleed doesn’t stop after 30 minutes contact EMS/911**

Document care provided.