

NECK PAIN AFTER AN INJURY

- Suspect a neck injury if pain results from:
- Falls over 10 feet or falling on head
 - Being thrown from a moving object
 - Sports
 - Violence
 - Being struck by a car or fast-moving object

Did the student walk in or was student found lying down?

LYING DOWN

- Do not move the student unless there is IMMEDIATE danger of further physical harm.
- If the student must be moved, support head and neck and move student in the direction of the head without bending the spine forward.
- **Do NOT** drag the student sideways.

WALK IN

- Have student lie down on his/her back.
- Support head by holding it in a "face forward" position.
- **Try NOT to move neck or head.**

- Keep the student quiet and warm.
- Hold the head still by gently placing one of your hands on each side of the head.

**Call EMS/911.
Contact responsible
school authority &
parent/guardian.**

Document care provided.