

PREGNANCY

Pregnant students should be known to appropriate school staff. Any student who is old enough to be pregnant, might be pregnant.

Signs of labor include:

- Contractions that become stronger at regular and increasingly shorter intervals.
- Lower back pain and cramping that does not go away.
- “Water” breaks (can be a large gush or a continuous trickle).
- Bloody (brownish or red-tinged) mucus discharge from vagina.

Pregnancy may be complicated by any of the following:

SEVERE STOMACH PAIN

See “[STOMACH PAIN.](#)”

SEIZURE

See “[SEIZURE.](#)”

VAGINAL BLEEDING

FLUID LEAKAGE FROM VAGINA

This is NOT normal and may indicate the beginning of labor.

MORNING SICKNESS

Treat as vomiting.
See “[VOMITING.](#)”

CALL EMS/911.

Contact responsible school authority & parent/guardian.
Contact student’s support person, if applicable.

Contact responsible school authority & parent/guardian.
URGE IMMEDIATE MEDICAL CARE.

Contact responsible school authority & parent/guardian.

Document care provided.