

NECK PAIN

Suspect a neck/back injury if pain results from:

- Falls over 10 feet or falling on head.
- Being thrown from a moving object.
- Sports.
- Violence.
- Being struck by a car or fast moving object.

Has an injury occurred?

NO

YES

Did the student walk in or was student found lying down?

WALK IN

LYING DOWN

- Do not move the student unless there is **IMMEDIATE** danger of further physical harm.
- If the student must be moved, support head and neck and move student in the direction of the head without bending the spine forward.
- Do **NOT** drag the student sideways.

- Keep the student quiet and warm.
- Hold the head still by gently placing one of your hands on each side of the head.

Call EMS/911.
 Contact responsible school authority & parent/legal guardian.

Is the student's temperature equal to or greater than:

- 100° oral/tympanic (ear)?
- 99° axillary?

YES

NO

See "**FEVER**".
 The student may have a serious infection. Contact responsible school authority & parent/guardian.
URGE MEDICAL CARE.
 If student seems extremely ill, **CALL EMS/911.**

A stiff or sore neck from sleeping in a "funny" position is different than neck pain from a sudden injury. Non-injured stiff necks may be uncomfortable but are not emergencies.

Is the student able to participate in normal activities?

NO

YES

- Have student lie down on his/her back.
- Support head by holding it in a "face forward" position.
- Try **NOT** to move neck or head.

If student is so uncomfortable that he/she is unable to participate in normal activities, contact responsible school authority & parent/guardian.
URGE MEDICAL CARE.

The student may return to class.

If unable to reach parent/guardian, allow student to rest with adult supervision.

Document care provided.