

BACK PAIN

Suspect a neck/back injury if pain results from:

- Falls over 10 feet or falling on head.
- Being thrown from a moving object.
- Sports.
- Violence.
- Being struck by a car or fast moving object.

Has an injury occurred?

NO

A stiff or sore neck from sleeping in a “funny” position is different than neck pain from a sudden injury. Non-injured stiff necks may be uncomfortable but are not emergencies.

YES

Did the student walk in or was student found lying down?

WALK IN

LYING DOWN

- Do not move the student unless there is IMMEDIATE danger of further physical harm.
- If the student must be moved, support head and neck and move student in the direction of the head without bending the spine forward.
- Do NOT drag the student sideways.

- Have student lie down on his/her back.
- Support head by holding it in a “face forward” position.
- Try NOT to move neck or head.

- Keep the student quiet and warm.
- Hold the head still by gently placing one of your hands on each side of the head.

The child may return to class, if student is so uncomfortable that he/she is unable to participate in normal activities, contact responsible school authority & parent/guardian. **URGE MEDICAL CARE.**

Call EMS/911.
Contact responsible school authority & parent/guardian.

Document care provided.